Don't Take It Personally

Your hands look great - clean, nice fingernails, no scratches, no scars. But you still need to decontaminate them before touching a patient.

Microorganisms on your hands that don't harm you may make a patient sick.

Never touch a patient without first decontaminating your hands with an alcohol hand rub or antimicrobial soap. And try not to take it personally if someone reminds you when you forget.