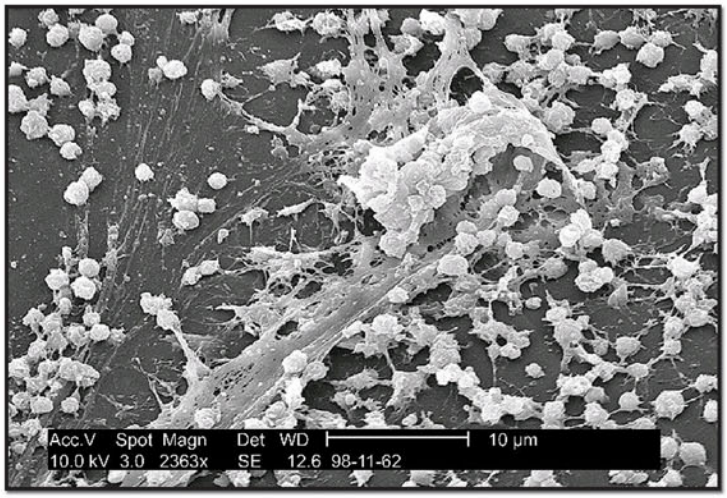
Seeing is Believing

(but you can't see germs)



Dr. Rodney M. Donlan and Janice Carr, Centers for Disease Control and Prevention

Staphylococcus

When it comes to microorganisms your eyes can't be trusted. Neither can your sense of touch. Hands that feel and look clean after washing with regular soap and water can still have multitudes of live bacteria, fungi, and virus particles on them.

Your hands may not always feel cleaner after using an alcohol hand rub, but they will harbor very few microbes. Studies show that alcohol hand rubs kill over 99% of most microorganisms. Use an alcohol hand rub to decontaminate your hands before and after touching each patient.