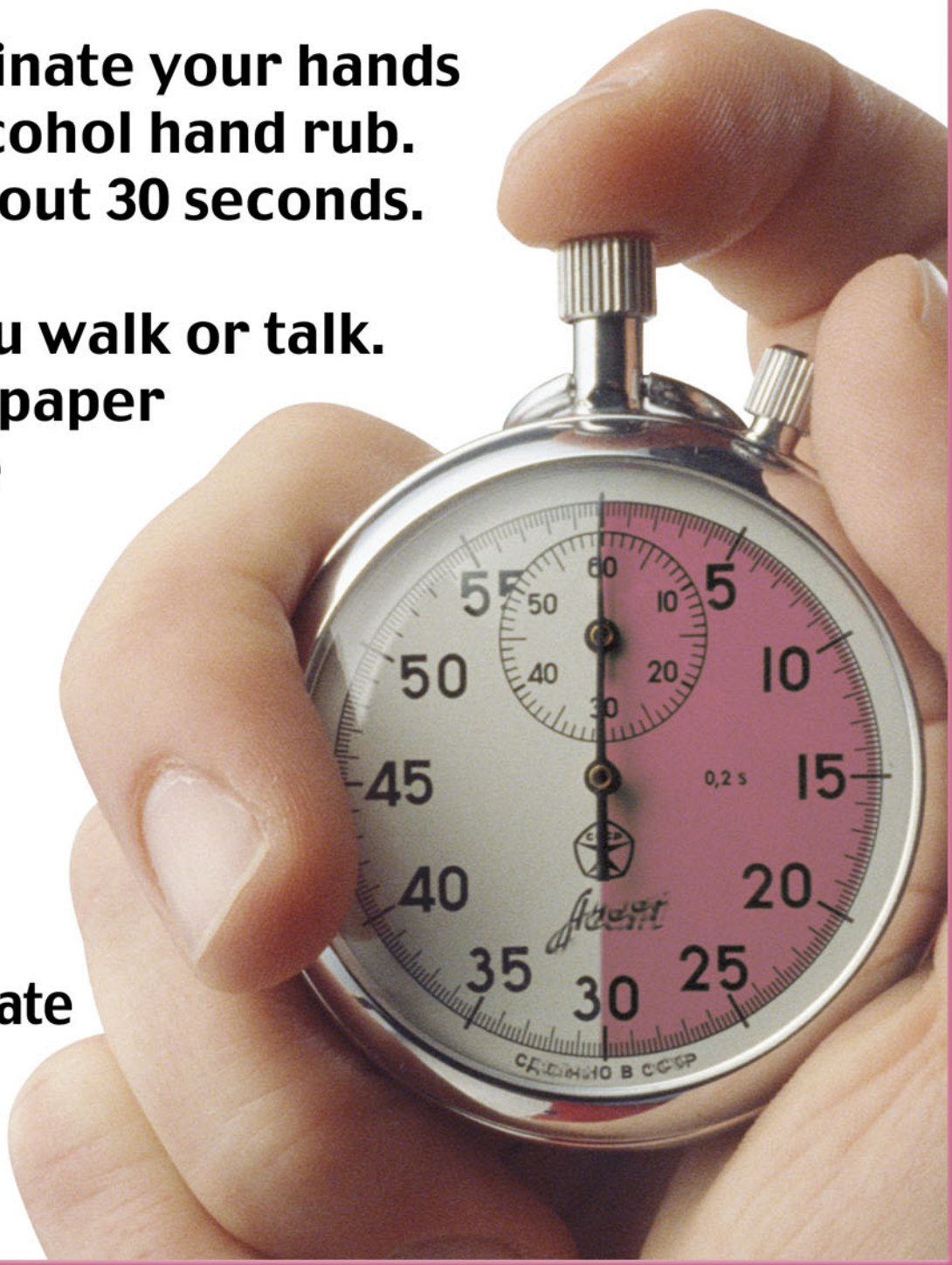
It Takes About 30 Seconds

Decontaminate your hands with an alcohol hand rub. It takes about 30 seconds.

Do it as you walk or talk. No sink or paper towels are required.

Use the alcohol hand rub when it's time to decontaminate your hands.



Infection: Don't Pass It On

www.publichealth.va.gov/InfectionDontPassItOn

Department of Veterans Affairs