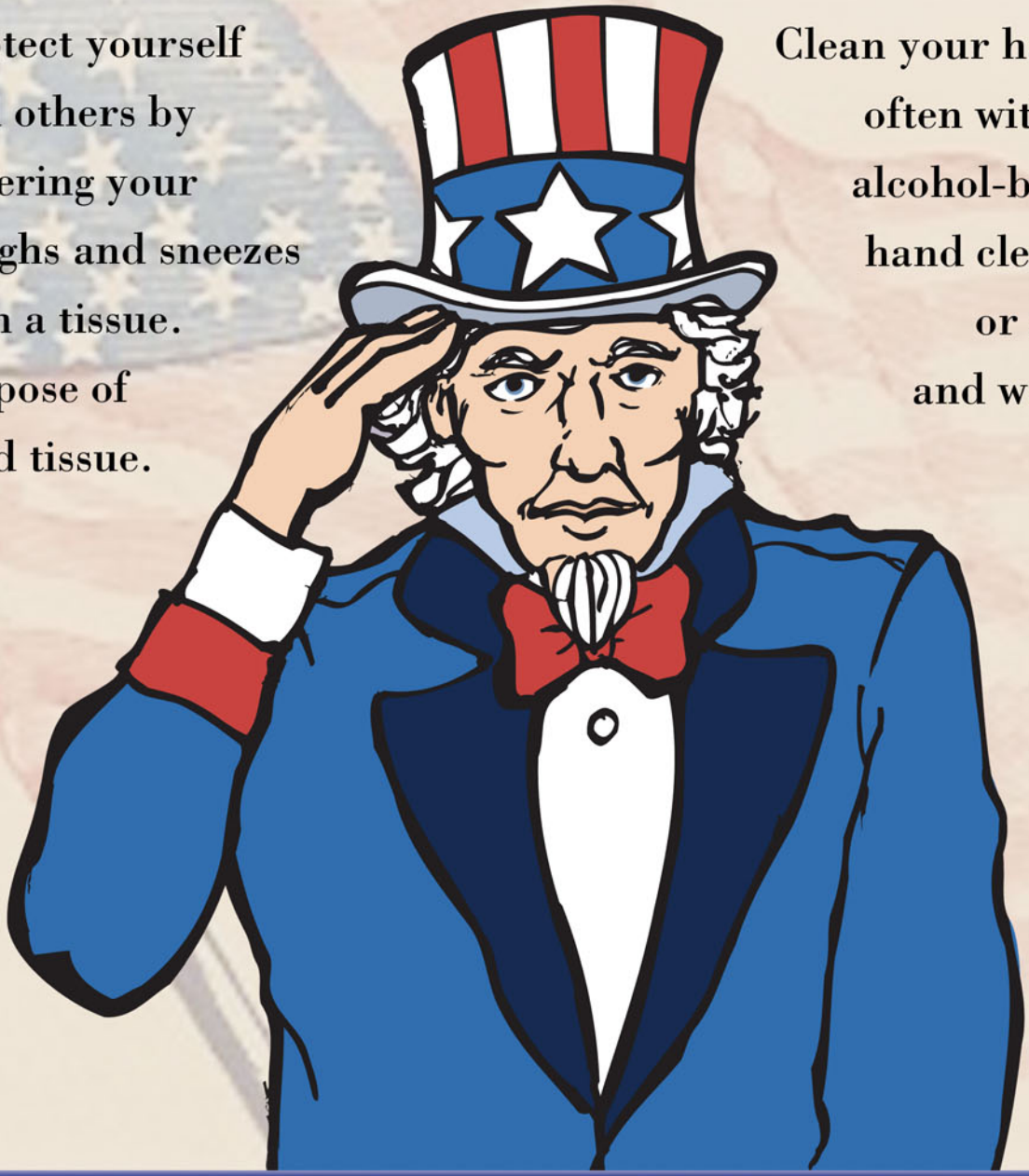
DO YOUR PART
KEEP AMERICA HEALTHY

Sneezing and coughing spread germs

Protect yourself and others by covering your coughs and sneezes with a tissue. Dispose of used tissue.

Clean your hands often with an alcohol-based hand cleaner or soap and water.



Infection: Don't Pass It On

www.publichealth.va.gov/InfectionDontPassItOn

Department of Veterans Affairs