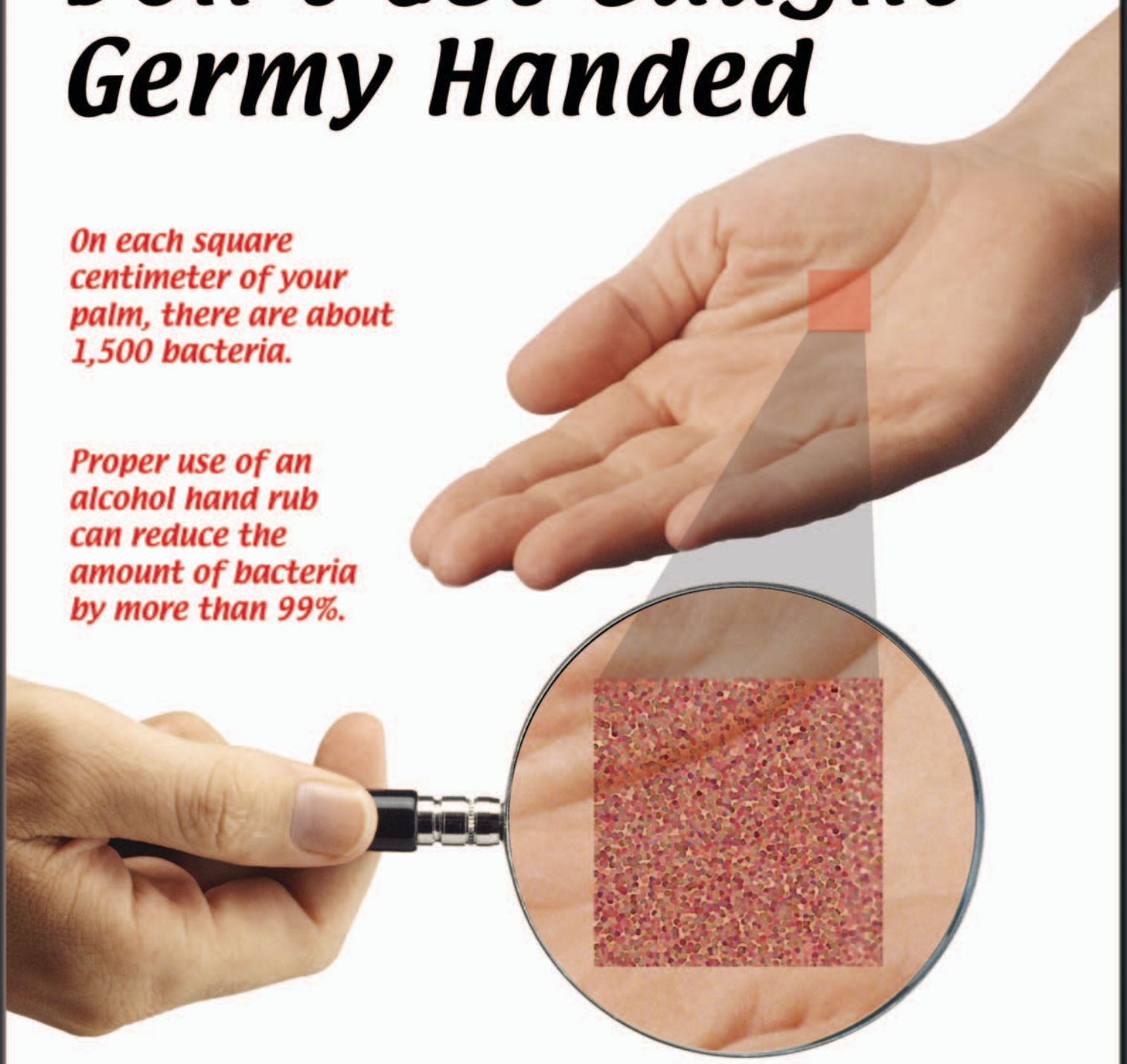
Don't Get Caught Germy Handed

On each square centimeter of your palm, there are about 1,500 bacteria.

Proper use of an alcohol hand rub can reduce the amount of bacteria by more than 99%.



Decontaminating your hands frequently and thoroughly is one of the most important things you can do to protect your health and the health of others.

Office of Public Health and Environmental Hazards
NCPS VA National Center for Patient Safety
Employee Education System
Department of Veterans Affairs