Don't Kiss Me

If You Have a Cold, Flu, or Fever

- **Cover your mouth when you cough or sneeze**
- **Dispose of tissues in the trash**
- **Clean hands often with alcohol-based cleaners or soap and water**
- **Avoid close contact with others (no kissing, hugging, sharing of food and drink)**
- **Stay home from work, school, or daycare if you can**

Office of Public Health and Environmental Hazards

NCPS VA National Center for Patient Safety

Employee Education System

Department of Veterans Affairs