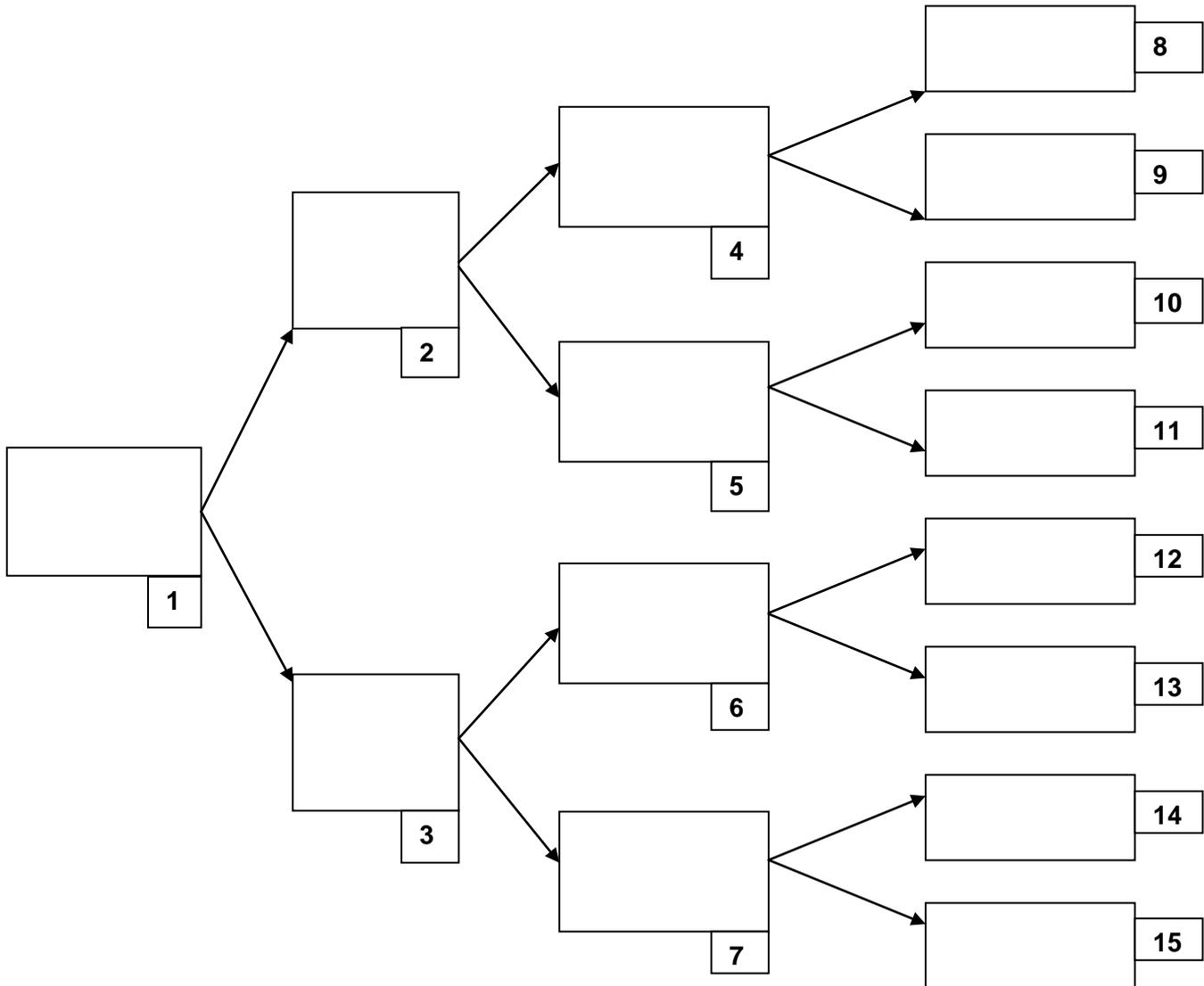**Department of Veterans Affairs**

Sample Branching Exercise

Sample Completed Branching Exercise

```
Take
medications
        1
```

```
Feel less
depressed
        2
```

```
Have more
energy
        4
```

```
Do more with
family/spouse
        8
```

```
        9
```

```
        5
```

```
        10
```

```
        11
```

```
        3
```

```
        6
```

```
        12
```

```
        13
```

```
        7
```

```
        14
```

```
        15
```

EmployeeHealthPromotion
Disease Prevention