How do I put on a mask?

1. Clean your hands first.
2. Place the stiff upper edge of the mask on your nose.
3. Make sure it covers your nose, mouth, and chin.
4. Make sure the edges touch your face and chin.
5. Pull/tie the strings around your ears/head.
6. Press the stiff upper edge to the shape of your nose.
7. Ask staff if you need help.

www.prevention.va.gov/InfectionDontPassItOn